

# TRAINEES HOW TO DOWNLOAD YOUR PORTFOLIO

## Step 1

Once logged into Turas, select the Portfolio application from your Turas Dashboard.

TURAS   Dashb	oard		Applications - Albus Dumbledore -
Home			
<b>NHS</b> Education for Scotland	for health and social care profes applications with a single secure	land's (NES) new single unified digital platform ssionals. From here you can access all your NES e sign on. Our aim is to provide you with the need to support you throughout your career in	
Applications This is your das	5 hboard. You can access all your app <b>Portfolio</b>	plications from here. Training Management	<ul> <li>✤ Add Applications</li> <li>Professional Portfolio</li> </ul>
	acy Terms and Conditions Joation for Scotland		TURAS is developed by



## Step 2

You will be taken to your Portfolio - Trainee Homepage.

Click Download for the menu bar •

URAS   Trai	ning Portfolio			Dash	board   Applications- Ronalds'	Weasley <del>-</del>
ome For	rms - Currici	ulum & PDP 🖌 🛛 Training Proj	gression Tickets <del>-</del>	Reflections & Ach	hievements - Training - Download	
u are here > Trai	inee Homepage					•
ortfolio	- Trainee H	Homepage				
Ticket Statu	S				My Progress Summary	
					Curriculum coverage	0
Created 05/04/2019	Recipient Steve Steve	Summary	Last Reminder	Action	Supervised learning events (SLEs)	0
03/04/2015	Steve Steve	SEE. CBD FOILIT		Remind	Team Assessment of Behaviour (TAB)	0
					Reflections	0
Quick Poflor	ction Starter				Current Status	
Post *			T		Grade/Training Year: FY2	
		Please Select	<b>`</b>		Dates: 03/04/2019 to 06/08/2019	
Focus of ref	lection *	Please Select	•		Education Provider: Aberdeen Royal Inf	irmary
When did it	happen? *	01/05/2019			Specialty: Urology	
Title of Refl	ection *				Educational Supervisor Remus Lupin	
What happe	ened?				Clinical Supervisor Albus Dumbledore	
					Academic Mentor Albus Dumbledore	
			//		Programme Director	

*This download function will allow for trainee users to create a pdf download of their Portfolio. This is available to trainee users only. i.e. administrators cannot download a trainees Portfolio on their behalf, and trainees will only be able to include* forms they have permission to view.



## Step 3

You will be taken to the Forms Download page.

Also use the – what you need to know for more information. These sections can be expanded using the + and -

TORAS	Portfolio			Dashboar	d   Application	s* & Ro	nalds Weasley 👻
lome Forms <del>-</del>	Curriculum & PDP 🗸	Training Progression	Tickets 🗸	Reflections & Achiev	ements <del>-</del> Trai	ning <del>-</del> Dov	vnload
'ou are here ⇒ Select a Gra	de						
Forms Down	load						
What you need to	know						
How do I export r	ny forms to PDF?						
After selecting from the table.	your grade, you can select e	ach form you wish to inclue	de in the downlo	oad to PDF by clicking the	relevant checkbox	under the "Seleo	t" column
Once you have	selected all forms you wish ter - depending on the num!				age. Please be pati	ent while the PD	F downloads
	t is completed, you should						
Which forms can	I download?						D
Forms Down	load						
What you need to	know						
	my forms to PDF?						۵
Which forms can	I download?						
	forms available for downloa	ad are:					
SLEs     Core Proc	edures						
<ul> <li>Superviso</li> </ul>	rs Forms						
TAB/MSF:     Reflection							
PDPs	Mentor Forms						

#### 1. Select Grade

Select a Gra	ade				
Grade *	<ul> <li>FY1</li> <li>FY2</li> </ul>	Select Forms for this Grade	Go Back		

2. Click "Select Forms for this Grade" where you will be met with a list of all forms, grouped by post and form type



#### 3. Select the desired form

Home Form	s 👻 Curriculum & PDP 🛨	Training Progression	Tickets <del>-</del> Re	flections & Achievements 🗸	Training <del>-</del> Download	1
∕ou are here ⇒ Select	Forms to Download					
Forms Dov	vnload					
Select Forms t	o Download as PDF					
FY1,05/04/	2017 - 01/08/2017, General Practi	ce - Aberdeen Royal Infirma	ary - N05 - FY2 (NOS2	234)		
	2017 - 01/08/2017, General Practi	ce - Aberdeen Royal Infirma	ary - N05 - FY2 (NOS2	234)		
FY1, 05/04/3 PDPs	2017 - 01/08/2017, General Practi	ce - Aberdeen Royal Infirma	ary - N05 - FY2 (NOS2 Date Modifi		Achieved	
PDPs		ce - Aberdeen Royal Infirma			Achieved No	
PDPs	Title	ce - Aberdeen Royal Infirma		nd Private		
PDPs Select	Title	ce - Aberdeen Royal Infirma		nd Private		
PDPs Select Reflections	Title Test PDP for 11th May 2017	Туре	Date Modifie Updated	xd Private No	No	

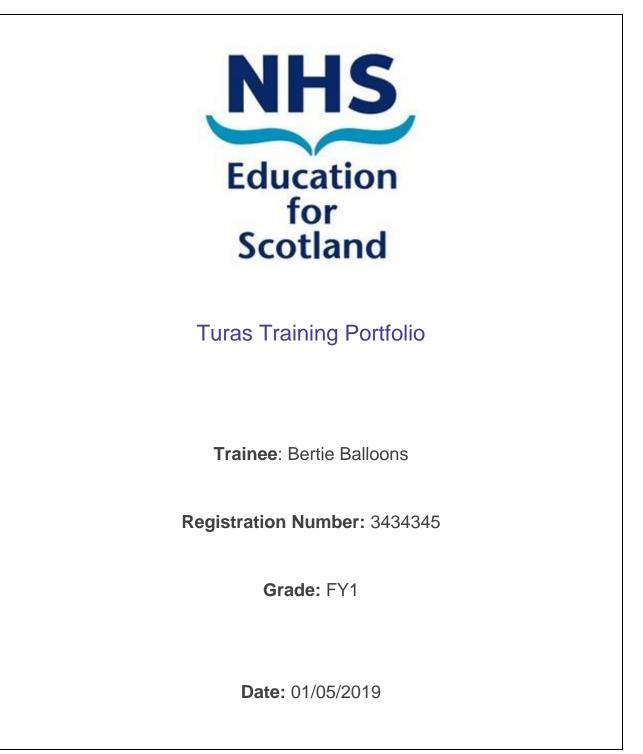
4. Click Export to PDF at the bottom of the lists

FY1, 04/08/2015 - 01/12/2015, Acute Internal Medicine - Aberdeen Royal Infirmary - N05 - FY1 (NOS2234)									
There are no	There are no relevant forms assigned to this post								
Non-Post R	elated Forms								
Generic Mee	ings								
Select	Form Type		Submitter	Date Submitted	Status				
	Supervisor Generic Meeting		Remus Lupin	10/11/2016					

5. A pdf will be generated within you default pdf viewer application (probably Adobe)



6. Example of pdf generated





## REFLECTION

Focus of reflection Significant Event Analysis (SEA)

When did it happen? 18/05/2018 Title of Reflection Test What happened? test

How did you feel? What did you learn and what would you do differently, if anything, in the future? What future learning needs do you have and how will you address them? Make it private? Only you will be able to see this reflection No