**SOUTH EAST SCOTLAND COURSE DESCRIPTOR FOR GP TRAINEES IN HOSPITAL POSTS**

**This is a review of all courses available to GP trainees in SE Scotland due to be in a hospital placement. No teaching is mandatory, you choose which courses you would like to attend.**

**You have been sent a separate timetable document summarising the relevant date, timing and logistics of each.**

This document provides a bit more information regarding certain courses so you can better decide which you are interested in registering for. More information about specific courses can also be found on the TURAS learn booking website (below)

We are now offering some courses are face to face (FTF) and some remain virtual (over MS Teams). **Please ensure you make note of this when registering for any courses.**

**All courses must be booked through TURAS LEARN – link below**

[https://learn.nes.nhs.scot/65989](https://eur01.safelinks.protection.outlook.com/?url=https%3A%2F%2Flearn.nes.nhs.scot%2F65989&data=05%7C01%7CNicola.Curry%40nhs.scot%7Ccf677204170b40e9159408db73ceddf2%7C10efe0bda0304bca809cb5e6745e499a%7C0%7C0%7C638231104540954481%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=qfaLDjFsjz2W%2BjGAe8aTgQ4YfMvdsWU8G8ak4LGmfEI%3D&reserved=0)

**REGIONAL TEACHING (advisable if meeting a learning need):**

COURSES AIMED ONLY AT TRAINEES IN A HOPSITAL POST

This is a series of four courses, none are mandatory. You may register for all or some of them. They are courses designed as useful ‘touch points’ for GP trainees in hospital posts. They aim to bring relevance back to GP training and primary care and also give opportunity to catch up with GPST colleagues when working in hospital posts.

* **MANAGING AND THRIVING IN GP**
* **REALISTIC MEDICINE**
* **CARING FOR PEOPLE USING RESOURCES IN OUR COMMUNITIES (Module 1)**
* **COMPLEXITY, UNCERTAINTY AND COMPLAINTS (Module 2)**

COURSES AIMED AT ALL TRAINEES REGARDLESS OF TRAINING GRADE:

**OBSTETRICS, GYNAECOLOGY & WOMEN’S HEALTH UPDATES**

* Would recommend these not be attended if you have a 6 month hospital posting in O&G/sexual health as likely to be repetition depending on prior clinical experience.
* 3 x half day courses, all different content and trainees can register for any or all of these as able.

**PAEDIATRICS UPDATES (various topics)**

* Depending on the title/content of the course (there is a series all of which have different content), would recommend these not be attended if you have a 6 month hospital posting in paediatrics and the course is likely to represent repetition. If you would like further detail on any course content please email the GP unit about the specific course you would like more info about.
* A series of half day courses, all different content and trainees can register for any or all of these as able.

**PSYCHIATRY UPDATES**

Depending on the title/content of the course (there is a series all of which have different content), would recommend these not be attended if you have a 6 month hospital posting in psychiatry and the course is likely to represent repetition. If you would like further detail on any course content please email the GP unit about the specific course you would like more info about.

**Psychiatry topics (half day/topic):**

* Psychosis and the Mental Health Act
* Old age psychiatry
* Diagnosis and management of anxiety and depression: a practical approach for primary care
* Personality disorders: a practical approach for primary care
* Perinatal Mental Health

**ADVERSE CHILDHOOD EXPERIENCES**

**PRACTICING LIFESTYLE MEDICINE**

**SUSTAINABILITY – GPST VIRTUAL UPDATE**

**CULTURAL COMPETENCY**

**THE ARMED FORCES AND VETERAN COMMUNITY – an introduction to management in primary care**

**DERMATOLOGY UPDATE**

**NATIONALLY DELIVERED COURSES**

Please note there are some nationally delivered courses. You will be notified centrally about these when dates are arranged.

Please do read all emails from the GP unit and GP training contacts as these often contain important information about national courses which will benefit your learning as a trainee.

If you require any further information regarding courses, please email the GP unit initially and they will forward your enquiry on appropriately.

[GP.Unit@nes.scot.nhs.uk](mailto:GP.Unit@nes.scot.nhs.uk)

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