

ST3 Trainees – East Region Teaching Programme – February 24 – August 24


IMPORTANT: Trainees should book onto teaching sessions via the Turas Learn website <https://learn.nes.nhs.scot>


Week	Date & Time	Learning Activity	Facilitators	Venue
1				
2	Tues 20/2/24 9.30 – 12.15	Facilitated small group session 6	Group dependent	Group dependent
3	Tues 27/2/24 9.30 – 12.15	PBSGL 6	Trainees	Microsoft Teams
4	Tues 5/3/24 9.30 – 12.15	Facilitated small group session 7	Group dependent	Group dependent
5	Tues 12/3/24 9.30 – 11.30	Maintaining your wellbeing (NB if you are unable to attend the morning session, you are welcome to book onto the ST1/2 session in the afternoon instead)	Geoff Williams and Patrick Sullivan	DDEC, Earn Room Directions here: https://maps.app.goo.gl/EJ2NG5s8xaoGLXIC7
6	Tues 19/3/24 9.30 – 12.15	PBSGL 7	Trainees	Microsoft Teams
7	Tues 26/3/24 9.00 – 16.00	Preparing for work after GP training 9.00 – 12.30 – GP Careers Session 13.30 – 16.00 – GP Appraisals, Representing and supporting GP, financial issues	Dr Terry Johnston Dr Anne Ramsay Dr Andrew Thomson	LMC Meeting room, Dundee
8				
9				
10	Tues 16/4/24 9.30 – 12.15	PBSGL 8	Trainees	

= Mandatory Learning activities

= Advisable learning activities

Week	Date & Time	Learning Activity	Facilitators	Venue
11	Tues 23/4/24 9.30 – 12.15	Facilitated small group session 8	Group dependent	Group dependent
12	Fri 3/5/24 9.00 – 16.00	Dermatology	Dr Andrew Affleck	Dermatology seminar room, Ninewells Hospital, Dundee
13	Tues 7/5/24 9.00 – 13.00	Lifestyle Medicine	Dr Suzy Scarlett, Dr Nikki Curry	NES Westport, Edinburgh
14	Tues 14/5/24 9.30 – 12.15	Facilitated small group session 9	Group dependent	Group dependent
15	Thurs 23/5/24 9.00 – 16.30	Advanced Ethics	Dr Peter Dorward, Dr John Dunn	NES Westport, Edinburgh
16	Tues 28/5/24 9.30 – 12.15	PBSGL 9	Trainees	Microsoft Teams
16	Thurs 30/5/24 14.00 – 16.00	Sustainability Virtual Update (open to all East trainees)	Dr Ciara Drummond	Microsoft Teams
17				
18	Tues 11/6/24 9.30 – 12.15	Facilitated small group session 10	Group dependent	Group dependent
19	Tues 18/6/24 9.30 – 13.00	Palliative Care	Dr Claire Douglas Dr Ruth Isherwood	Cornhill Macmillan centre, Perth Royal Infirmary
20	Tues 25/6/24 9.00 – 12.30	Cultural competency (open to all East trainees)	Dr Nikki Curry, Dr Annabel Shepherd	Microsoft Teams
21	Tues 2/7/24 9.30 – 12.15	PBSGL 10	Trainees	Microsoft Teams
22	Onwards	No further scheduled teaching		

 = Mandatory Learning activities

 = Advisable learning activities

MANDATORY LEARNING ACTIVITIES

These activities should be attended by all trainees.

Facilitated small group sessions (local teaching)

For these sessions, trainees in the East of Scotland region are divided into four groups according to their training practice location. Lists of group members will be emailed to ST3 trainees, along with further details of group facilitators and meeting locations.

Practice Based Small Group Learning (PBSGL)

Trainees will meet up with PBSGL groups in the same small groups that they attend with their facilitators.

During these sessions, trainees will discuss PBSGL modules. Trainee facilitators will need to access facilitator training via the PBSGL team.

PBSGL sessions will be over Microsoft Teams, unless trainees prefer to meet in person and are able to arrange a suitable venue to do so.

Advised time 2-3 hours with a designated break. More information about PBSGL is available at: <https://www.cpdconnect.nhs.scot/pbsgl/>

ADVISABLE LEARNING ACTIVITIES

Attendance at these sessions is advisable. Trainees should discuss with their Educational Supervisor regarding which sessions they plan to attend. Further information regarding these sessions is available on the Turas Learn East Regional Teaching booking page.

The following sessions are advisable:

- Maintaining your wellbeing
- Preparing for work after GP training
- Dermatology
- Lifestyle medicine
- Advanced Ethics
- Sustainability virtual update
- Palliative Care
- Cultural competency

Additional Learning Activities

There are a range of additional learning activities available out with the regional teaching programme. Further details of the available resources can be found at: <http://bit.ly/EastGP>